

Health Education Advisory Board/Wellness Committee

5 June 2024 / 9:00am - 10:30am / Central Office Board Room

ATTENDEES

Director of CIA
Superintendent/LPS Parent
LHS Principal
LMS Principal/Parent
LMS AP/AD/Parent
LHS AP/AD
LMS Teacher/Parent
LHS Social Worker
LHS Teacher
Corwell Health
PA Corewell Health
Director of Food Service
LPS Parent
LPS Student

AGENDA

-Wellness Policy 8510

- Hygiene products at LES, LMS, LHS?
- Promote healthy activities more regularly on social media
- Wellness Grant Updates
 - LECC, LES, LMS, and LHS will reapply for grant in 24-25
 - LHS Mental Health Grant
 - LECC/LES/LMS Staff Wellbeing
- LPS Current Health Programming and Goals
 - LECC/LES**
 - CATCH KS-K, 3rd grade; hope to add more grades
 - Jump Rope for Heart
 - IM Safe KS-K
 - LMS**

-5th grade puberty lessons (Always Changing and Growing Up); opt out available; parents have access to curriculum; can we apply for grants to cover a hygiene pack? Playtex sport? Dove?

-8th Grade students STD/STI presentation; separate presentations; can we look at moving timing/frequency during the year?; SOS (Signs of Suicide - BCCMH)

-7th grade participate in Project Alert (drugs, alcohol, vaping - BCCMH); look into materials to share material with parents/students; scare tactics work with kids; can we start presentations earlier (3rd/4th grade)?

- 6th grade is a gap; can we add health presentation (vaping, nutrition?); BCCMH "Catch my Breath"

-LHS

-Glencoe Health and Michigan Model; abstinence-based education - added in contraception; ALL 9th graders take ½ credit health, ½ credit PE; first-aid class completed Stop the Bleed training and Red Cross First-Aid/CPR; sports nutrition;

-B4 Foundation presented April 18, 2024; suicide prevention presentation; several students connected with the speaker and his story.

-Supporting Student Health and Wellness (PD and initiatives)

-23-24

-Blue Envelope Training

-Mental Health grant @LHS

-24-25

-Blue Envelope Refresher

-Capturing Kids Hearts KS-8

-Mandated Reporter Training (IAMSAFE)

-Mental Health grant @LHS

-25-26

-Capturing Kids Hearts 9-12

-Next Steps

-Look into donations/grants for hygiene supplies

-Send health info quarterly to families

-Can we leverage SRO with vaping infractions?

-Why are we presenting health-related topics to students at the grade levels we are? Should we be doing this sooner?